

The Pipeline

Vol. 1998, Number 30

Dec. 16, 1998

Made Your New Year's Resolutions Yet? Why Not Stop Smoking?

By Pam Fries

CHS' Community Health Branch and CFC's Employee Services Branch can make the process a little easier for employees who work in the CHR building. Beginning Feb. 16 and 18, they will offer the 12-week Cooper-Clayton Program to Stop Smoking. Sessions will be held twice a week on Tuesdays (noon – 1 p.m.) and Thursdays (1 - 2 p.m.) in the Distance Communication Center on the third floor of the Health Services Building. Employees may attend during their lunch hours or arrange to attend on a flex schedule.

The Cooper-Clayton Program, recommended for heavy smokers, uses a support-group setting and nicotine gum or patches to help participants stop smoking. One year after enrolling, 45 percent of those who used the program were non-smokers – a remarkable success rate.

There is no charge for attending the program. Participants, however, must purchase their own nicotine gum or patches.

Call Debbie Cummins, 564-7996, by Feb. 12 to enroll or get more information.

Santa visits on Friday!



Jolly old St. Nick will be making his rounds through the Cabinet for Families and Children and the Cabinet for Health Services on **Friday, Dec. 18**, to visit children of employees. Santa's schedule is as follows: 8 a.m., Sixth Floor of the CHR Building; 9 a.m., Fifth Floor of the CHR Building; 10 a.m., Fourth Floor of the CHR Building; 10:50 a.m., Third Floor of the CHR Building; 12:20 p.m., First and Second Floor of the CHR Building (on the Second Floor); 1:15 p.m., Health Services Building Lobby; 2:10

p.m. Leestown Square Offices (Fourth Floor); 3:10 p.m., First Cirty Complex Offices.

Central Office

Notes and Activities



- ✓ **The aerobics program meets every Tuesday and Thursday at 5 p.m.** If you have questions, call Beth Bates at 564-7736.
- ✓ **Frankfort Habilitation** will be in the CHR Building lobby this Friday, Dec. 18 to sell poinsettias. Sizes and prices vary.
- ✓ **The Employee Christmas Reception** will be held in the CHR Cafeteria this Friday, Dec. 18. Please follow the schedules that have been posted throughout the building.

Sick Leave Needed

Donated time is being requested for Joyce Newsom. She is off due to back surgery. If you would like to donate, contact Bill Irvine at 564-2157.



Accident in parking lot...

Sometime between 7:30 a.m. and 4 p.m. on December 2, 1998, a light blue Toyota King Cab pick-up truck was hit while parked in the far, east parking lot of the CHR complex. There was a Post-It note left on the windshield stating the individual who hit the truck was named Michael, and that he did not see any damage. If you are the Michael who left the note, or any individual who witnessed this incident, please contact Bonnie Hayden in the Office of Performance Enhancement, Contract Management Branch at 564-6746.

Pipeline, a weekly newsletter for employees of the Cabinets for Families and Children and Health Services, welcomes reader comments and contributions. Items for *Pipeline* are due by 4:30 p.m. Tuesday; items for intercom announcements are due by 4:30 p.m. Monday. Call (502) 564-6786 or send information to Patricia Loman at ploman@mail.state.ky.us.

CFC Information Relay Team Members

The Office of Communications uses specially designated CFC field staff throughout the state to help disseminate urgent, non-programmatic information from Central Office. These staff also pass important news the other direction – from field staff to Leadership.

These specially designated employees, called the “Information Relay Team,” believe that communications are such an important aspect of the cabinet’s work that they have volunteered to take on this task in addition to their regular duties. They perform a valuable service, and if you don’t know your local IRT member, you should.

The following is a list of all of the CFC IRT members throughout the state.

Information Relay Team 1

Leaders:

Paula Compton (606-433-7580)

Randy Worley (606-546-5154)

Big Sandy

Adkins, Jennifer (606-433-7580)

Martin and Pike

Jackson, Timika (606-886-3871)

Floyd, Johnson, and Magoffin

Kentucky River

Colwell, Mike (606-435-6043)

Knott, Letcher, Leslie, and Perry

McDaniel, Bryan (606-349-6131)

Breathitt, Lee, Owsley, and Wolfe

Cumberland Valley

Hampton, David (606-546-3121)

Clay and Knox

Harris, Sue Anne (606-573-3146)

Bell and Harlan

North, Jeff (606-864-6811)

Jackson and Rockcastle

Patrick, Donnie (606-549-0220)

Laurel and Whitley

Lake Cumberland

Blankenship, E.R. (606-376-5365)

McCreary, Pulaski, and Russell

Conner, Kathy (606-387-6655)

Clinton, Cumberland, and Wayne

Moran, Sandra (502-384-4731)

Adair, Casey, Green, and Taylor

Information Relay Team 2

Leaders:

Jami Hollingsworth (606-920-2007)

Dave Newman (606-292-6733)

Northern Kentucky

Etler, Carol (606-292-6600 X 144)

Kenton, Boone, and Gallatin

Lawler, Linda (606-292-6608)

Grant, Owen, and Carroll

Wilson, Melanie (606-292-6732)

Campbell and Pendleton

Buffalo Trace/Gateway

Harmon, Carol (606-845-0422)

Bracken, Mason, and Robertson

Johnson, Jackie (606-845-2381)

Bath, Menifee, Montgomery, and Morgan

Sweeney, Mike (606-724-5413)

Lewis, Fleming, and Rowan

FIVCO

Detty, Liane (606-920-2032)

Carter, Elliott, and Lawrence

Kegley, Kenneth (606-920-2013)

Boyd and Greenup

Information Relay Team 3

Leaders:

Brenda Bush (502-564-8050 X 4073)

_____ *To be filled*

KIPDA

Abbott, Tammy (502-595-4080)

Henry, Oldham, and Trimble

Anderson, Charlinda (502-595-4504)

Bullitt, Shelby, and Spencer

Jefferson County

Fish, Yolanda (502-595-4335)

L & N 1st, 2nd, 6th, and 10th floors

Frazier, Sandra (502-595-4509)

L & N 3rd, 4th, 9th, and 11th floors

Smiley, Sharron (502-595-4260)

Neighborhood Places, Fern Valley, and 6th & Cedar

Weidman, Melissa (502-595-4413)

L & N 5th, 7th, and 8th floors

Lincoln Trail

Baldwin, Carol (502-766-5029)

Hardin, Larue, Marion, and Washington

Ledford, Rhonda (502-756-2194)

Breckinridge, Grayson, Meade, and Nelson

Bluegrass

Burris, Vera (606-239-7290)
Anderson, Boyle, and Mercer
Johnson, Jeff (502-564-2285)
Frankfort/CS at 1st City Complex and CHR 1st,
2nd,
and 3rd floors, KAMES building
Lee, Tammie (606-723-5146)
Clark, Estill, and Powell
Richards, Kent (502-564-6930)
Frankfort/CHR 4th and 5th floors
Royalty, Jenny (606-885-7095)
Jessamine, Madison, and Woodford
Smock, Donna (606-365-2171)
Garrard and Lincoln
Wasson, Pat (502-564-5312)
Bourbon, Harrison, Nicholas, and Scott
Wells, Jackie (502-564-8050 X 4144)
CHS/Ground and 3rd floors, Frankfort local office,
and all DD

Fayette County

Satterwhite, Jim (606-246-2266)
Fayette (except SI staff)
_____ *To be filled*

Information Relay Team 4

Leaders:

Melvin Bynes (502-746-7850)
David Randolph (502-687-7250)

Green River

Christie, James S. (502-687-7278)
Daviess, Hancock, and Ohio
_____ *To be filled*
Henderson, McLean, Union, and Webster

Pennyrile

Berry, Paula (502-824-7555)
Caldwell and Hopkins
Brumfield, Sue (502-265-2596)
Muhlenberg and Todd
_____ *To be filled*
Lyon and Trigg
Hillis, Denise (502-889-6503)
Christian (backup for region)
Pelphrey, Jennifer (502-928-2158)
Crittenden and Livingston

Purchase

Fleming, Nancy (502-335-5173)
Ballard, Carlisle, Fulton, and Hickman
Paul, Susan (502-444-5793)
Calloway, Graves, Marshall, and McCracken

Barren River

Graves, Larry (502-487-6798)
Allen, Metcalf, and Monroe
Kemp, Lane (502-726-9557)
Butler, Logan, and Simpson,
Rathbun, Rob (502-746-7447)
Barren, Edmonson, Hart, and Warren



We would like to take this
opportunity to wish
everyone a wonderful
holiday season!

Merry Christmas!
Happy Hannukah!
Happy Kwanzaa!
Happy New Year!



Whatever you celebrate -
- Best wishes from all of
us in the Office of
Communications!

